- A method for providing dental hygiene which method comprises chewing a low moisture chewing gum comprising:
- 5 (a) from about 10% to about 95% by weight gum base; and,
  - (b) from about 0.1% to about 15%% by weight of sodium bicarbonate, and,
  - (c) from about 0.01% to about 30% by weight of CPP-ACP.
  - 2. The method according to claim 1 wherein the gum is a sugarless gum.

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- 3. The method according to claim 1 wherein the the gum comprises:
  - (a) from about 0.1% to about 10%% by weight of sodium bicarbonate, and,
  - (b) from about 0.01% to about 10% by weight of CPP-ACP.
- A method for providing dental hygiene which method comprises chewing a low moisture confection comprising:
  - (a) from about 10% to about 95% by weight confectionery base,
  - (b) from about 0.1% to about 15% by weight of sodium bicarbonate, and,
  - (c) from about 0.01% to about 30% by weight of CPP-ACP.
  - The method according to claim 4 wherein the confection is a pressed candy confection.
- 6. The method according to claim 4 wherein the confection comprises:
  - (a) from about 0.1% to about 10%% by weight of sodium bicarbonate, and,
  - (b) from about 0.01% to about 10% by weight of CPP-ACP.
- 7. A chewing gum comprising
  - (a) from about 10% to about 95% by weight gum base; and,
  - (b) from about 0.1% to about 15% by weight of sodium bicarbonate, and,
  - (c) from about 0.01% to about 30% by weight of CPP-ACP.
- 8. The gum according to claim 7 wherein the gum is a sugarless gum.

- 9. The gum according to claim 7 wherein the the gum comprises:
  - (a) from about 0.1% to about 10%% by weight of sodium bicarbonate, and,
  - (b) from about 0.01% to about 10% by weight of CPP-ACP.

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- 10. A candy confection comprising
  - (a) from about 10% to about 95% by weight confectionery base,
  - (b) from about 0.1% to about 15% by weight of sodium bicarbonate, and,
  - (c) from about 0.01% to about 30% by weight of CPP-ACP.

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- The confection according to claim 10 wherein the confection is a pressed candy confection.
- 12. The confection according to claim 10 wherein the confection comprises:
  - (b) from about 0.1% to about 10%% by weight of sodium bicarbonate, and,
  - (b) from about 0.01% to about 10% by weight of CPP-ACP.